



DR ANANT (BAMS)

Jind, Haryana | +91 9812471532 | Anantsainio2@gmail.com

Summary

Dynamic and compassionate medical professional with a proven track record of excelling in patient assessment, emergency medicine, and general medical practice. Skilled in holistic diagnosis and treatment planning, with a strong ability to manage complex cases and collaborate effectively with multidisciplinary teams. Dedicated to ensuring optimal patient outcomes through evidence-based practices and empathetic care.

Professional Experience— (1 years and 6 months *including 1 year internship)

(●) Resident Medical Officer (RMO) | Aadesh Medical College and Hospital, Ambala March 2025 – April 2025

Worked in the Cardiology ICU, managing critical care patients and ensuring timely interventions. Assisted senior physicians in comprehensive patient assessments and initial medical evaluations. Fostered strong collaboration with nursing teams to maintain high standards of patient care.

(●) Consultant (Medical Officer) | Kbit Wellness Ayurveda, Karnal (January 2025 – March 2025)

Provided holistic medical consultations, specializing in Ayurvedic diagnosis and treatment planning.

Managed a diverse patient base in the Outpatient Department (OPD), prescribing personalized Ayurvedic medicines.

(●) BAMS Intern | Gaur Brahman Ayurvedic College and Hospital, Rohtak (May 2024 – November 2024)

Completed comprehensive rotations across all major Ayurvedic departments, gaining hands-on clinical experience.

(●)BAMS Intern | Civil Hospital, Jind December 2023 – May 2024

Gained extensive practical experience working in high-pressure environments, including Emergency, Medicine, Surgery, Orthopedics, Pediatrics, and ENT departments.

(●)Medical Officer (M.O.) | Private Hospital, Rohtak

Served in the Emergency Department, providing immediate medical care and stabilization for a wide range of critical and non-critical cases.

Skills

Clinical: Patient Assessment, Emergency Medicine,, Ayurvedic Treatments, Wound Suturing, Basic ECG Interpretation,

Procedural: Taping Techniques, Ascites Management, Treatment Planning.

Soft Skills: Inter-departmental Coordination, Patient Counseling, Health Education,

EDUCATION

Bachelor of Ayurvedic Medicine and Surgery (BAMS) Shri Krishna Ayush University, Kurukshetra GPA: 60.2%